

WHAT'S GOING ON AT ACCEL?!

- * Quarterly payment system
- * Parents Night Out April 24th, June 26th, July 31st
- * Closure dates; May 5th, May 25th, June 6th, June 10th, June 29th, June 30th

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UPCOMING EVENTS:

- * NIGHT OF THE STARS, JUNE 6TH
- * ACCEL SPIRIT WEEK JUNE 22ND -JUNE 26TH (REMEMBER TO BRING A FRIEND)
 - * DON'T FORGET TO SIGN UP FOR SUMMER CAMP!! 4 (II AWESOME WEEKS)
 - XCEL SUMMER CAMP
 August 17th August 21st
 - GIRLS LEYEL 4 and UP: TEAM CAMP with Coaches from UC BERKE-LEY!!! @ Accel, June 19-21



ACCEL ROCKING INTO

SPRING





APRIL-JUNE 201!

Our Goal is to ACCELerate!

PRESCHOOL PROGRAM- Our preschool program will be hosting May Mini Olympics for our Gym Monkeys Saturday May 16! This event will consist of our Gym Monkeys showing their development in their many skills through a circuit. After this event, they will enjoy free time in the recreational and preschool gym! Sign up at front desk!



The Rec Department just finished evaluations, big CON-GRATULATIONS to all new move- ups! Our next evaluations will be in June after our NIGHT OF THE STARS Performance. Which we will begin learning. We are excited to announce we are starting a Demo Team. The Accel Demo Team will perform at local events.



DEVELOPMENTAL PROGRAM-

Let's give a big round of applause to ALL of our Developmental students who completed skills testing at the beginning of March! Please feel free to email Melissa, the Developmental Manager at melissabuendia@yahoo.com if you would like any additional feedback.

XL PROGRAM- We are very proud of our Xcel teams for exceeding their expectations at our regular season competitions. Heading into the championship meets, we are excited to see all of our teams show their best routines yet. So far, our athletes have become champions on individual events and all-around, many scoring all-around of 38.00 and higher. These scores have been effective in achieving several team awards this season. There will be no team award at Xcel Championships, but if there was, we are certain this team would bring it home. GO ACCEL!!!



COMPULSORY PROGRAM- We

have a lot of exciting things going on within the compulsory program here at Accel gymnastics. We had an amazing season last year being undefeated and taking first place at the Level 4 state competition. We are very excited that we have added 16 new gymnasts to our program. We are training very hard to make this season just as successful as the last season

TEAM GIRLS -Our Girls Optional Team just finished their competitive season!

Our Level 6 Team of Beth, Emily, Karina, Olivia and Paige had a great season so far, winning the team title at the Elevate Gymfest in Sacramento and placing 2nd at the Delta Classic in Stockton.

Our Level 8 and 9 girls are currently preparing for their state meet to be held in Berkeley. Level 8 Sam has made a great comeback to competition after missing last season and Aliyah seems to have a new personal best at every competition! Congratulations to Level 9 Rachel who has won beam at two meets this season and continues to upgrade her skills every week!

A special shout out to Accel alumni Alix Angelopulo who is currently wrapping up her senior season competing at the University of Denver! Denver is currently ranked #16 in the country!

BOYS TEAM— We have BIG news for our boys team program... 2 new coaches are starting soon! Coach Alex is returning to us and Coach Renato will be joining us in the Summer. While many programs are cutting their competitive boys program, Accel is PROUD to support our boys team. We have the most well-rounded and knowledgeable staff of any club program around!

Team Achievements 2014-2015

Our Girls Level 4 Team was UNDEFEATED this season and they are the NORCAL STATE TEAM CHAMPIONS!!!

Our Boys Level 6 Team won 2nd place TEAM at their State Championships!

NorCal State Team Members (Top 6 All-Around in all age groups):

Liam Halcomb- Level 6
Olivia Huseman- Level 4
Tegan Robinson- Bronze
Charlotte Rosario- Bronze
Victoria Alexander- Silver
Isabella Nicholson- Platinum

State Champions:

Kazuya Iwase- Level 4: Floor and All Around

Carter Wong- Level 5: Vault Starks Laraway- Level 6: Floor Liam Halcomb- Level 6: Pommels Beth Wyatt- Level 6: Floor Olivia Husement- Level 6: Floor

Tegan Robinson- Bronze: Vault and All Around

Aricka Sung-Bronze: Vault Lindsey Donegan-Bronze: Floor

Charlotte Rosario- Bronze: Vault, Bars, Floor, and All Around

Megan Bushman– Silver: Beam Candace Caufield– Silver: Floor Elizabeth Sullivan– Silver: Beam

Victoria Alexander-Silver: Bars, Beam, Floor, and All Around

Caitlin Callegari- Gold: Bars, Beam Trinity Nitafan- Platinum: Floor

Isabella Nicholson-Platinum: Vault and Bars

Addison Mullins- Level 4: Floor

Nina Wade- Level 4: Vault, Bars, Floor, and All Around Jessica Xu- Level 4: Vault, Beam, and All Around

Olivia Huseman-Level 4: Vault, Bars, Beam, and All Around

Jules Evans- Level 4: Floor Alyssa Draheim- Level 4: Bars

Tessa Quillici- Level 4: Beam and Floor

Grace Samra – Level 4: Floor

Gianna Martino- Level 4: Vault, Floor, and All Around Aisling Glavin- Level 3: Vault, Beam, Floor, and All Around

Gabrielle Beaudoin-Level 3: Beam

Sialai Prakhantree- Level 3: Vault, Bars, Beam, and All Around

Lexi Podkaminer- Level 3: Beam

Regional Qualifiers:

Aliyah Kamelamela- L8 Isaac Latief- Level 5 Carter Wong-Level 5 Kai Louie-Badua- Level 6 Tony Quillici- Level 6 Starks Laraway- Level 6 Alex Istock- Level 6 Liam Halcomb- Level 6 Asher Mazur– Level 6 Nicky Lauber-Level 8 Zachary Masotto- Level 9 Spencer Wong– Level 9 Ophir Horovitz-Level 9 Jonas Ilao- Level 9 Charlotte Rosario-Bronze Sophia Geminder-Bronze Anya Sternberg-Bronze Mia Clevenger

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Elizabeth Sullivan—Silver Christine Caufield—Silver Alicia Robadey—Silver Victoria Alexander—Silver Raina Custodio—Silver Allie Giammona—Gold Julia Toti—Gold Freya Thomas—Gold Sasha Berkin—Gold Laurene Bishop—Gold Caitlin Callegari—Gold Hollie Allen—Platinum Trinity Nitafan—Platinum Isabella Nicholson—Platinum